

BEAT



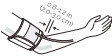


BLOOD PRESSURE
MONITOR

QUICK START GUIDE

INCLUDES

- 1 wireless upper arm blood pressure monitor
- 1 arm cuff
- 4 AAA batteries

INSTRUCTIONS

- 1  Install AAA batteries on back of scale (batteries included).
- 2  Download your clinic's app to your mobile device and follow in-app instructions to set up your blood pressure monitor.
- 3  Roll up the cuff to cover your arm and keep it at the same level as your heart. Keep the cuff 0.8-1.2 in (2.0-3.0 cm) above your elbow.
- 4  Sit in a chair and stretch your arm forward on a desk or other surface and make sure your palm is upturned.
- 5  Open the app, press START on the device and start measuring!

NOTES: Measure your left arm and wear thin clothing or expose your arm to achieve more accurate results. Do not move and remain quiet during measurement.

NEED HELP?

Go to the Support page in your clinic's app

This device comes with a limited warranty. Please contact your clinic for further information.

1. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
2. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
3. FCC Radiation Exposure Statement: This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.
4. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/TV technician for help.
5. This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions: (1) This device may not cause interference. (2) This device must accept any interference, including interference that may cause undesired operation of the device.
 6. Under The Department of Innovation, Science and Economic Development Canada (ISED) regulations, this radio transmitter may only operate using an antenna of a type and maximum (or lesser) gain approved for the transmitter by Industry Canada. To reduce potential radio interference to other users, the antenna type and its gain should be so chosen that the equivalent isotropically radiated power (e.i.r.p.) is not more than that necessary for successful communication.
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 8. CoachCare declares that this BEAT blood pressure monitor is in compliance with Directive 2014/53/EU and Directive 93/42/EEC. The full text of the EU declaration of conformity is available at the following internet address: coachcare.com/compliance.